

FAITH AT THE INTERSECTIONS

12 PATHWAYS FOR NAVIGATING
LIFE WITH
COURAGE, CLARITY, AND CHRIST



by Troy James

This is dedicated to my Mom and Dad, who instilled in me the belief that I could do anything, and to Jesus, who made it possible through Him.

Love ya'll, Troy

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Note to the Reader

This volume includes a full Group & Leader Study Guide designed to help you use the twelve reflections in small groups, mentoring, or personal retreats. In Part II you will find facilitation tips, a group covenant, suggested timing, a 12-session plan, printable worksheets, and a memory-verses page.

Read Part I as your devotional core. Use Part II to turn insight into practice with discussion, prayer, journaling, and one concrete action step each week.

Introduction

There are moments in life that bring us to a complete stop. Not because we're lost, but because something sacred is happening, a transition, a disruption, a divine realignment. These are life's intersections: the sacred spaces between what was and what's next.

This devotional was born from my own intersection; when the rhythm I had built my life around suddenly stopped. I was no longer who I had been, and not yet who I was becoming. And in that tension, I discovered something holy: God does His deepest forming work when we are still enough to listen.

Each reflection in this book is shaped by personal surrender, scripture, and the transformative insight I've gathered over two decades of leadership, spiritual practice, and behavioral transformation. It's also shaped by my greatest earthly calling: being a husband for over twenty years and raising two daughters. The lessons I've learned in marriage, fatherhood, and faith aren't theoretical for me; they've been lived, stretched, and refined at real intersections.

You'll find short meditations combining biblical truth, psychological wisdom, and moments from my journey that I now recognize as sacred intersections.

May these pages become a quiet place where you meet God again, not only in clarity, but in uncertainty. And may you come to see that the intersections you're navigating are not interruptions; they are invitations.

Part I: Pathways

Section I: Looking Back with Grace

Pathway 1: Letting Go of the Rearview Mirror

Scripture

“Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it?” - Isaiah 43:18–19 (NIV)

There’s a natural impulse in all of us to look back, to replay what didn’t work, to make sense of what was lost, or to cling to the comfort of what was. But living in the rearview mirror costs us forward momentum. You can’t reach what’s ahead if your focus remains behind.

My own rearview moment came during a transition I didn’t see coming. Everything I had known, the structure, the schedule, the sense of impact, was suddenly gone. I had spent years building systems and serving others, but now I stood in a season that had no roadmap. It was disorienting.

Yet it was in that disorientation that God whispered: “You’re not going backward. I’m preparing you to see differently.”

Transformation requires more than letting go; it requires trusting that what’s ahead is worth not knowing for a little while.

From a behavioral lens, we understand this as cognitive detachment: the intentional release of thoughts and habits that no longer serve our future self. Spiritually, it’s the work of release and renewal.

Paul said it this way: “One thing I do: forgetting what is behind and straining toward what is ahead” (Philippians 3:13).

Letting go isn’t denial. It’s obedience. It’s faith in motion. It’s trusting that God is not recycling the past; He’s birthing something new.

Pathway Prompt

Where are you still living in the memory of what was, instead of the expectancy of what could be?

Prayer

God, I release the grip I’ve had on what I thought my life should be. Free me from nostalgia that no longer nurtures me. Help me trust that You are already at work in what’s ahead - even when I can’t see it yet. Amen.

Journal Prompt

What would trusting the “new thing” God is doing look like for me today?